

# Rigidity of Spheres in Riemannian Manifolds and a Non-Embedding Theorem

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**Abstract.** Let  $f: M \longrightarrow \overline{M}$  be an isometric immersion between Riemannian manifolds. The purpose of this paper is to find the minimum possible conditions on M and  $\overline{M}$  (in the terms of curvatures and external diameter) in order to the image of f be contained in a sphere. Our results generalize the other authors work in three major steps, domain, range and the codimension of immersions. As a byproduct, we obtain the non-embedding theorems Chern-Kuiper, Moore and Jacobowitz. The proofs are based on the maximum (comparison) principle.

**Keywords:** isometric immersion, rigidity, embedding, pinching, maximum principle, *l*-mean curvature.

Mathematical subject classification: Primary 53C24, 53C42; Secondary 53C40.

#### 1 Introduction

The aim of this paper is to establish a pinching theorem and a non-embedding theorem for submanifolds of a Riemannian manifold.

By using the strong maximum (comparison) principle applied to the elliptic operators, Koutroufiotis [K] proved the following theorem:

Let  $f: S \longrightarrow \mathbb{R}^3$  be an isometric immersion from a compact two dimensional manifold S into  $\mathbb{R}^3$ . Suppose that there is R > 0 such that either the sectional curvature of S or the square of the mean curvature of f(S) is bounded from above by  $R^{-2}$ . Then, the smallest sphere enclosing f(S) has radius larger than R, unless f(S) is a sphere.

Also, Markvorsen [M] generalized the Koutroufiotis results to the isometric immersions  $f: M^n \longrightarrow \overline{M}^{n+1}$  such that the absolute value of the mean cur-

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vature of f(M) is bounded and the sectional curvature of  $\overline{M}$  is bounded from above by a constant.

Recently, Fontenele and Silva [FS] generalized the Koutroufiotis results to the isometric immersions  $f: M^n \longrightarrow \overline{M}^{n+1}$  such that the scalar curvature of compact manifold M is bounded from above and the target space  $\overline{M}$  is a space form (a complete and simply connected space with constant sectional curvature) of non-positive curvature. Also, Vlachos [V] proved a rigidity type theorem for geodesic spheres of space forms in term of l-mean curvatures.

In this paper, we generalize the above results to the isometric immersions  $f: M^n \longrightarrow \overline{M}^{n+k}$  with the weaker assumptions. Moreover, we obtain the non-embedding theorems Chern-Kuiper [CK], Moore [Mo] and Jacobowitz [J].

The proofs are based on the (strong and weak) maximum principle. For more works on this topic see [CI], [I], [JK] and [L].

#### 2 A Rigidity Theorem for Curves

In this section, we prove a generalization of the main theorem of this paper for curves in a quite general setting.

Let N be a Riemannian manifold (of class  $C^3$ ) and let  $\langle \cdot , \cdot \rangle$  denote the Riemannian metric on N. We denote the associated covariant derivative of N by D. For  $p \in N$ , we denote the distance from p to x by  $r(x) = r_p(x)$ . The function  $r_p(x)$  is smooth on  $N \setminus \{p\} \cup C_p\}$ , where  $C_p$  denotes the cut locus of p. Also, we denote the Hessian of r(x) by  $Hess(r)(v, w) := \langle D_v^{\nabla r}, w \rangle$ , for all vectors v and w in the tangent bundle of N. We denote the closed ball with the center at  $q \in N$  and the radius R > 0 by B(q, R).

**Theorem 2.1.** Let  $\gamma: ]a, b[ \longrightarrow \overline{M}$  be a regular curve (of class  $C^2$ ) on the Riemannian manifold  $\overline{M}$ . Suppose that the image of  $\gamma$  is contained in  $B(p,R)\backslash C_p$  and there is  $s_0 \in ]a, b[$  such that  $\gamma(s_0)$  belongs to  $\partial B(p,R)$ . Suppose that the Hessian of distance function on  $\overline{M}$ ,  $r(y) = r_p(y)$ , is bounded from below by  $m(r) \geq 0$  on the tangent bundle of  $\partial B(p,r)$ , i.e.  $Hess(r)(v,v) \geq m(r) ||v||^2$  for all vectors v in the tangent bundle of  $\partial B(p,r)$ . Let the curvature of  $\gamma$  be bounded from above by m(r), i.e.  $0 \leq k(\gamma(s)) \leq m(r(\gamma(s)))$ , for all  $s \in ]a, b[$ . Then, the image of  $\gamma$  is contained in the sphere  $\partial B(p,R)$ .

**Proof.** Without loss of generality, we can assume that  $\gamma$  is parametrized by arc-length, i.e.  $||\gamma'(s)|| = 1$ . Now, consider the function

$$h(s) := r(\gamma(s)).$$

Then, we have (note that  $||\nabla r|| = 1$ )

$$\begin{split} h'(s) &= \langle \nabla r \,,\, \gamma'(s) \rangle, \\ h''(s) &= \langle D^{\nabla r}_{\gamma'(s)} \,,\, \gamma'(s) \rangle + \langle \nabla r \,,\, D^{\gamma'(s)}_{\gamma'(s)} \rangle, \\ h''(s) &= \langle D^{\nabla r}_{\gamma'_{\tau}(s)} \,,\, \gamma'_{T}(s) \rangle + \langle \nabla r \,,\, D^{\gamma'(s)}_{\gamma'(s)} \rangle, \end{split}$$

where  $\gamma_T'(s)$  denotes the projection of  $\gamma'(s)$  on the tangent bundle of  $\partial B(p, r(\gamma(s)))$ . So, we have

$$h''(s) \geq \left[1 - |\langle \nabla r, \gamma'(s) \rangle|^2\right] m(r(\gamma(s))) - k(\gamma(s))$$
  
 
$$\geq -|\langle \nabla r, \gamma'(s) \rangle|^2 m(r(\gamma(s))).$$

Let  $\alpha \geq 2$ . Define the function  $h_{\alpha}$  as the following:

$$h_{\alpha}(s) := [h(s)]^{\alpha}$$
.

Then, we have

$$h'_{\alpha}(s) = \alpha [h(s)]^{(\alpha-1)} h'(s),$$

and

$$h_{\alpha}''(s) = \alpha(\alpha - 1) [h(s)]^{(\alpha - 2)} [h'(s)]^{2} + \alpha [h(s)]^{(\alpha - 1)} h''(s)$$

$$\geq \alpha [h(s)]^{(\alpha - 2)} [(\alpha - 1) |\langle \nabla r, \gamma'(s) \rangle|^{2} - r(\gamma(s))$$

$$\cdot \langle \nabla r, \gamma'(s) \rangle|^{2} m(r(\gamma(s)))]$$

$$\geq \alpha [h(s)]^{(\alpha - 2)} |\langle \nabla r, \gamma'(s) \rangle|^{2} [\alpha - 1 - r(\gamma(s)) m(r(\gamma(s)))].$$

Now, let  $\alpha$  be large enough such that  $\left[\alpha-1-r(\gamma(s))\,m(r(\gamma(s)))\right]\geq 0$ , for s close enough to  $s_0$ . Therefore  $h_{\alpha}(s)$  is a convex function, for s close enough to  $s_0$ . Since that  $h_{\alpha}(s)$  attains its maximum at the interior point  $s_0\in ]a,b[$ , by the (strong) maximum principle,  $h_{\alpha}(s)$  is a constant function. This completes the proof of theorem.

Corollary 2.2. Let notations and assumptions be as in Theorem 2.1. Let M be a space form, i.e. a complete and simply connected Riemannian manifold with constant sectional curvature. Then, the image of  $\gamma$  is contained in a circle (with center at p and radius R).

**Proof.** By Theorem 2.1, we know that the image of  $\gamma$  is contained in the sphere  $\partial B(p, R)$ . Then, by the Meusnier theorem [H, p. 77] and the fact that  $k(\gamma(s)) \leq m(r(\gamma(s)))$ , we see that  $k(\gamma(s)) = m(r(\gamma(s))) = m(r(\gamma(s)))$ ; and  $\gamma$  is a geodesic in the sphere  $\partial B(p, R)$ . This completes the proof of corollary.

**Remark 2.3.** In the Theorem 2.1, when  $\overline{M} = \mathbb{R}^{n+1}$ , we can instead of the condition  $k(\gamma(s)) \leq m(r(\gamma(s)))$ , replace the following weaker condition:

$$k(\gamma(s)) \leq \frac{1}{|\langle \gamma(s) - p, N(\gamma(s)) \rangle|},$$

where  $N(\gamma(s))$  is a unit vector which is in the direction of  $\gamma''(s)$ .

**Remark 2.4.** Suppose that in Theorem 2.1, we replace the assumption  $f(s_0) \in \partial B(p, R)$  (for some interior point  $s_0 \in ]a, b[$ ) by the following condition:

Either  $a = -\infty$  and h(s) is non-increasing, or  $b = +\infty$  and h(s) is non-decreasing.

Then, the conclusion of the Theorem 2.1 remains valid by replacing the sphere  $\partial B(p, R)$  by the sphere  $\partial B(p, R_0)$ , for some  $R_0 \leq R$ .

## 3 The Maximum Principle

In this section, we introduce two operators on the Riemannian manifolds in such a way the (weak and strong) maximum principle remains valid.

**Definition 3.1.** Let N be an n-dimensional Riemannian manifold with the Riemannian metric  $\langle \cdot, \cdot \rangle$ . Let  $h: N \longrightarrow \mathbb{R}$  be a  $C^2$ -function. We define the *upper Laplacian* of h at the point  $x \in N$  as the following:

$$\Delta_{\mathcal{U}}h(x) := \sup_{\gamma} \left[ \frac{d^2}{ds^2} (h \circ \gamma)(s) \right]_{s=0},$$

where the supremum is taken over all geodesics  $\gamma$  such that  $\gamma(0) = x$ . Similarly, we can define the *lower Laplacian* of h at the point x (by replacing inf instead of sup), and we denote it by  $\Delta_{\mathcal{L}}h(x)$ . Let  $\Omega$  be an open subset of N. We say that h is *generalized subharmonic* on  $\Omega$ , if there are orthonormal vector fields  $\{e_1(x), e_2(x), ..., e_n(x)\}$  on  $\Omega$  such that the following condition holds:

$$\sum_{i=1}^n a_i^2(x) \left[ \frac{d^2}{ds^2} (h \circ \gamma_i)(s) \right]_{s=0} \ge 0,$$

where  $\gamma_i$  is a geodesic such that  $\gamma_i(0) = x$  and  $\gamma_i'(0) = e_i(x)$ , and  $a_i(x)$ 's are positive numbers. Moreover, there is A > 0 such that  $a_i(x) \ge A$ , for all  $x \in \Omega$  and  $1 \le i \le n$ .

It is not hard to see that

$$\Delta_{\mathcal{L}}h(x) \leq \frac{1}{n} \Delta h(x) \leq \Delta_{\mathcal{U}}h(x).$$

Also, if h is generalized subharmonic on  $\Omega$ , then  $\Delta_U h(x) \geq 0$ , for  $x \in \Omega$ .

**Proposition 3.2.** (Weak Max) Let N be a Riemannian manifold and let  $\Omega$  be an open subset of N (with smooth boundary). Let  $h: N \longrightarrow \mathbb{R}$  be a  $C^2$ -function. Then, we have

- (i) Suppose h attains its (local) maximum at  $x_0 \in \Omega$ , then  $\Delta_U h(x_0) \leq 0$ .
- (ii) Suppose that  $\Delta_U h(x) \geq 0$ , for all  $x \in \Omega$ , then  $\max_{z \in \overline{\Omega}} h(z) = \max_{z \in \partial \Omega} h(z)$ .

**Proof.** It is similar to the proof of [GT, Thm 3.1] with minor changes.

**Proposition 3.3.** (Strong Max) Let N be a Riemannian manifold and let  $h: N \longrightarrow \mathbb{R}$  be a  $C^2$ -function. Let  $\Omega$  be an open subset of N (with smooth boundary) and let h be generalized subharmonic on  $\Omega$ . Suppose that  $\max_{z \in \overline{\Omega}} h(z) = h(x_0)$ , for some  $x_0 \in \Omega$ , then h is a constant function on  $\Omega$ .

**Proof.** Let notations be as in Definition 3.1. Then, we have

$$\frac{d}{ds}(h \circ \gamma_i)(s) = \langle \nabla h, \gamma_i'(s) \rangle,$$

$$\frac{d^2}{ds^2}(h \circ \gamma_i)(s) = \langle D_{\gamma_i'(s)}^{\nabla h}, \gamma_i'(s) \rangle + \langle \nabla h, D_{\gamma_i'(s)}^{\gamma_i'(s)} \rangle.$$

Since that  $\gamma_i$  is a geodesic, we have

$$\frac{d^2}{ds^2}(h \circ \gamma_i)(s) = \langle D_{\gamma_i'(s)}^{\nabla h}, \, \gamma_i'(s) \rangle.$$

Therefore, we obtain

$$\sum_{i=1}^{n} a_{i}^{2}(x) \left[ \frac{d^{2}}{ds^{2}} (h \circ \gamma_{i})(s) \right]_{s=0} = \sum_{i=1}^{n} a_{i}^{2}(x) \langle D_{e_{i}(x)}^{\nabla h}, e_{i}(x) \rangle$$
$$= \sum_{i=1}^{n} \langle D_{v_{i}(x)}^{\nabla h}, v_{i}(x) \rangle,$$

where  $v_i(x) := a_i(x) e_i(x)$ . Consider the orthogonal vector fields  $\{v_1(x), v_2(x), ..., v_n(x)\}$ , we can define the operator  $\mathcal{T}$  as the following:

$$\mathcal{T}(h) := \sum_{i=1}^n \langle D_{v_i(x)}^{\nabla h}, v_i(x) \rangle.$$

Since that  $a_i(x) \ge A > 0$ , we obtain that  $\mathcal{T}$  is a uniformly elliptic operator. Now, the proposition follows from [GT, Thm 3.5].

### 4 The Rigidity Theorem

In this section, by applying the strong maximum principle to generalized subharmonic functions, we extend the results [FS], [M] and [V] to more general setting.

We start this section with the following lemma which is a generalization of this fact that on every compact hypersurface of  $\mathbb{R}^n$  there is at least one point with the positive (sectional) curvature.

**Lemma 4.1.** Let  $f: M^n \longrightarrow \overline{M}^{n+k}$  be an isometric  $C^2$ -immersion between Riemannian manifolds. Suppose that the image of f is contained in  $B(p,R)\backslash C_p$  and there is  $x_0 \in M$  such that  $f(x_0) \in \partial B(p,R)$ . Suppose that the Hessian of distance function on  $\overline{M}$ ,  $r(y) = r_p(y)$ , is bounded from below by m(r) > 0 on the tangent bundle of  $\partial B(p,r)$ , i.e.  $Hess(r)(v,v) \geq m(r) ||v||^2$  for all vectors v in the tangent bundle of  $\partial B(p,r)$ . Then, for any unit normal vector field N(f(x)) such that  $N(f(x_0)) = -\nabla r(x_0)$ , there is a small neighborhood of  $x_0$  such that all principal curvatures of M in the normal direction of N(f(x)) are positive.

**Proof.** It is clear that  $\partial B(p, R)$  is tangent to f(M) at the point  $f(x_0)$ . Let  $\lambda$  be a principle curvature of M in the normal direction of N(f(x)) at the point  $x_0$  with the corresponding (unit) principle vector e. Let  $\gamma$  be the geodesic  $\gamma(0) = x_0$ 

and  $\gamma'(0) = e$ . Define  $h(s) := r(\gamma(s))$ . Then, by using the proof of Theorem 2.1, we have

$$h''(s) = \langle D_{\gamma'(s)}^{\nabla r}, \gamma'(s) \rangle + \langle \nabla r, D_{\gamma'(s)}^{\gamma'(s)} \rangle.$$

Since that h attains its maximum at s = 0, we have  $h''(0) \le 0$ . Then, we have

$$\langle D_{\gamma'(0)}^{\nabla r}\,,\; \gamma'(0)\rangle \leq \langle -\nabla r\,,\; D_{\gamma'(0)}^{\gamma'(0)}\rangle$$

Hence

$$0 < m(r(x_0)) \le \lambda$$
.

This completes the proof of lemma.

**Theorem 4.2.** Let  $f: M^n \longrightarrow \overline{M}^{n+k}$  be an isometric  $C^2$ -immersion between Riemannian manifolds. Denote the l-mean curvature vector of f(M) in  $\overline{M}$  by  $H_l$  (see [Ch] for the basic definitions). Suppose that the image of f is contained in  $B(p,R)\setminus C_p$  and there is  $x_0\in M$  such that  $f(x_0)\in \partial B(p,R)$ . Suppose that the Hessian of distance function on  $\overline{M}$ ,  $r(y)=r_p(y)$ , is bounded from below by m(r)>0 on the tangent bundle of  $\partial B(p,r)$ , i.e.  $Hess(r)(v,v)\geq m(r)||v||^2$  for all vectors v in the tangent bundle of  $\partial B(p,r)$ . Moreover, suppose that for all  $x\in M$  and any unit normal vector field  $\eta(f(x))$  on M, we have

$$|\langle H_l(f(x)), \eta(f(x))\rangle| \leq m(r(f(x))) |\langle H_{l-1}(f(x)), \eta(f(x))\rangle|,$$

where  $l \ge 1$  is an integer (define  $|\langle H_0(f(x)), \eta(f(x))\rangle| := 1$ ). If M is connected, then the image of f is contained in the sphere  $\partial B(p, R)$ .

**Proof.** Without loss of generality, we can assume that M is a submanifold of  $\overline{M}$  (at least locally). Suppose that  $x \in M$  is an arbitrary point which is close to  $x_0$ . Consider the second fundamental form of M (in  $\overline{M}$ ) in the direction of the unit normal vector field N(f(x)) such that  $N(f(x_0)) = -\nabla r(x_0)$ . Let  $0 < \lambda_1 \le \lambda_2 \le ... \le \lambda_n$  denote the principal curvatures (in the direction N(f(x))) at the point y = f(x) with the corresponding principal (unit) vectors  $e_1, e_2, ..., e_n$  (note that by Lemma 4.1 we know that  $\lambda_i$ 's are positive at x). Let  $\gamma_i$  be a geodesic in M such that  $\gamma_i(0) = x$  and  $\gamma_i'(0) = e_i$ . Define

$$h_i(s) := r(\gamma_i(s)),$$

$$h_{i,\alpha}(s) := [h_i(s)]^{\alpha}$$
.

By using the proof of Theorem 2.1, we have

$$h_{i,\alpha}''(s) \ge \alpha \left[h_i(s)\right]^{(\alpha-2)} \left(m(r(\gamma(s))) - \lambda_i(\gamma(s))\right),$$

for  $\alpha \geq 2$  large enough. Then, we have

$$h_{i,\alpha}''(0) \ge \alpha r(x) \left( m(r(x)) - \lambda_i(x) \right).$$

By multiplying the above inequality by  $\left(\prod_{j_k \neq i, k=1}^{l-1} \lambda_{j_k}\right) > 0$  and using the assumptions of theorem, we obtain

$$\sum_{i=1}^n \left[ \left( \prod_{j_k \neq i, k=1}^{l-1} \lambda_{j_k} \right) h_{i,\alpha}''(0) \right] \geq 0.$$

Therefore, the function  $\rho(x)$ , is a generalized subharmonic function for all x in a small neighborhood of  $x_0$ , where  $\rho := r^{\alpha} \circ f$ , for some  $\alpha \geq 2$ . Now, Proposition 3.3 implies that  $\rho$  is constant on a neighborhood of  $x_0$ . This implies the theorem.

**Corollary 4.3.** Let notations and assumptions be as in Theorem 4.2. Let  $\overline{M}$  be a space form, i.e. a complete and simply connected Riemannian manifold with constant sectional curvature. Then, the image of  $\gamma$  is contained in an n dimensional sphere (with center at p and radius p).

**Proof.** It is similar to the proof of Corollary 2.2.  $\Box$ 

**Remark 4.4.** In the Theorem 4.2, suppose that  $\overline{M} = \mathbb{R}^{n+1}$ . Then we can replace the condition:

$$|\langle H_l(f(x)), \eta(f(x))\rangle| \leq m(r(f(x))) |\langle H_{l-1}(f(x)), \eta(f(x))\rangle|,$$

by the following condition:

$$|\langle H_l(f(x)), \eta(f(x))\rangle| \leq \frac{|\langle H_{l-1}(f(x)), \eta(f(x))\rangle|}{|\langle f(x) - p, N(f(x))\rangle|},$$

where N(f(x)) is a unit normal vector field on f(M). Compare [FS, Thm B].

**Remark 4.5.** In Theorem 4.2, we can replace the condition:

$$|\langle H_l(f(x)), \eta(f(x))\rangle| \leq m(r(f(x))) |\langle H_{l-1}(f(x)), \eta(f(x))\rangle|,$$

with the following (stronger) condition:

$$|\langle H_l(f(x)), \eta(f(x))\rangle| \leq m^l(r(f(x))).$$

Note that by the Hessian comparison theorem (see for instance [SY, p. 4]), we can obtain the Markvorsen result [M]. Moreover, by Remark 4.4 and Remark 4.5, we can recover the results [FS] and [V].

**Question 4.6.** Let M be an orientable and compact (without boundary) hypersurface in  $\overline{M} = \mathbb{R}^{n+1}$ . Suppose that Ricci curvature of M is bounded from below by  $R^{-2}$ , for some R > 0. Suppose there is a ball  $B(p, R) \subset \overline{M}$  which is inside M. Then, we have

- For n = 1; M is the circle  $\partial B(p, R)$ , by the Fenchel theorem (see [C1, p. 399]).
- For n = 2; M is the sphere  $\partial B(p, R)$ , by the Gauss-Bonnet theorem (see [H, p. 111]). Compare [K, Thm 1].
- For  $n \ge 2$ ; M is the sphere  $\partial B(p, R)$ , by the Bonnet-Myers and Cheng theorems (see [C2, p. 201] and [Chg]).

Is it possible to generalize the above theorem with weaker assumptions similar to Theorem 4.2 and Remark 4.4?

## 5 A Non-Embedding Theorem

The aim of this section is to generalize the non-embedding theorems Chern-Kuiper [CK], Moore [Mo] and Jacobowitz [J]. See also [I] and [JK].

We start this section by the following algebraic lemma which is due to Otsuki.

**Lemma 5.1.** Let  $L: \mathbb{R}^n \times \mathbb{R}^n \longrightarrow \mathbb{R}^k$  be a symetric bi-linear form. Suppose that there is  $\beta > 0$  such that

$$\langle L(v, v), L(w, w) \rangle - ||L(v, w)||^2 < \beta^2,$$

for all orthonormal vectors  $v, w \in \mathbb{R}^n$  with Euclidean inner product  $\langle \cdot, \cdot \rangle$  on  $\mathbb{R}^n$ . If k < n, there is a unit vector  $e \in \mathbb{R}^n$  such that

$$||L(e,e)|| \leq \beta.$$

**Proof.** See [C2, p. 224].

**Theorem 5.2.** Let  $f: M^n \longrightarrow \overline{M}^{n+k}$  be an isometric  $C^2$ -immersion between Riemannian manifolds with codimension k < n. Denote the sectional curvature of M and  $\overline{M}$  by  $K(\cdot, \cdot)$  and  $\overline{K}(\cdot, \cdot)$ , respectively. Suppose that the image of f is contained in  $B(p, R) \setminus C_p$  and there is  $x_0 \in M$  such that  $f(x_0) \in \partial B(p, R)$ . Suppose that the Hessian of distance function on  $\overline{M}$ ,  $r(y) = r_p(y)$ , is bounded from below by  $m(r) \ge 0$  on the tangent bundle of  $\partial B(p, r)$ , i.e. Hess $(r)(v, v) \ge m(r) ||v||^2$  for all vectors v in the tangent bundle of  $\partial B(p, r)$ . Moreover, suppose that for all  $x \in M$ , there is a subspace  $P_x$  of dimension k+1 in tangent space  $T_xM$  such that for any orthonormal vectors  $v_x$ ,  $w_x \in P_x$ , we have

$$K(v_x, w_x) - \overline{K}(v_x, w_x) < m^2(r(f(x))).$$

Then, the isometric immersion f with the above properties cannot exist.

**Proof.** Let  $B(\cdot, \cdot)$  denote the second fundamental form M in  $\overline{M}$ , i.e.  $B(v, w) := \overline{D}_w v - D_w v$ , for all v and w in the tangent bundle of M. By the Gauss formula, we have

$$K(v_x, w_x) - \overline{K}(v_x, w_x) = \langle B(v_x, v_x), B(w_x, w_x) \rangle - ||B(v_x, w_x)||^2,$$

where orthonormal vectors  $v_x$ ,  $w_x \in P_x$ . By the Otsuki's lemma, for any  $x \in M$  there is a unit vector  $e_x \in P_x$  such that

$$||B(e_x, e_x)|| < m(r(x)).$$

Consider the geodesic  $\gamma$  in M such that  $\gamma(0) = x$  and  $\gamma'(0) = e_x$ . Define the function h as the following:

$$h(s) := r(\gamma(s)).$$

Then, similar to the proof of Theorem 2.1, we have

$$h''(s) = \langle \overline{D}_{\gamma'(s)}^{\nabla r}, \gamma'(s) \rangle + \langle \nabla r, \overline{D}_{\gamma'(s)}^{\gamma'(s)} \rangle,$$

Now, let  $x = x_0$ . Since that  $\nabla r$  is orthogonal to M at  $x_0$ , we obtain

$$h''(0) \ge m(r(x_0)) - \lambda > 0,$$

where  $\lambda =: ||\overline{D}_{\gamma'(s)}^{\gamma'(s)}||_{s=0}$  (note that since that  $\gamma$  is a geodesic in M, we have  $D_{\gamma'(s)}^{\gamma'(s)} = 0$ ). Therefore, we have  $\Delta_{\mathcal{U}}\rho(x_0) > 0$ , where  $\rho := r \circ f$ . But,  $\rho$  attains its maximum at  $x_0$ , then, by Proposition 3.2 we have  $\Delta_{\mathcal{U}}\rho(x_0) \leq 0$ . It is a contradiction. This completes the proof of theorem.

**Remark 5.3.** In Theorem 5.2, if we replace the condition:

$$K(v_x, w_x) - \overline{K}(v_x, w_x) < m^2(r(f(x))),$$

with the following (weaker) assumption:

$$K(v_x, w_x) - \overline{K}(v_x, w_x) \le m^2(r(f(x))),$$

we can show that f(M) touches  $\partial B(p, R)$  at infinitely many points (by Proposition 3.2 and the proof of Theorem 2.1).

**Remark 5.4.** In Theorem 5.2, we need the condition:

$$K(v_x, w_x) - \overline{K}(v_x, w_x) < m^2(r(f(x))),$$

only at the point  $x = x_0$ .

**Remark 5.5.** We can relax the assumptions of Theorem 5.2, similar to Remark 4.4 when  $\overline{M} = \mathbb{R}^{n+k}$ .

Note that the non-embedding theorems Chern-Kuiper [CK] and Jacobowitz [J] are an immediate consequence of Theorem 5.2 and the non-embedding theorem Moore [Mo] is followed from Theorem 5.2 and the Hessian comparison theorem ([SY, p. 4]).

**Remark 5.6.** By using Lemma 4.1 and [BS, Thm 2], we can prove Chern-Kuiper theorem [CK] for more general target space  $\overline{M}$ .

**Remark 5.7.** We can remove the condition  $f(x_0) \in \partial B(p, R)$  in Theorem 5.2, and by adding other assumptions similar to [JK] and using Omori theorem (see [JK]) in order to obtain a lower bound for external diameter.

**Question 5.8.** In Theorem 5.2, is it possible to replace the condition  $f(x_0) \in \partial B(p, R)$  with a different condition? Compare Remark 5.7 and also see [BZ, 28.2.7].

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